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# November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Theme for the Testing Cycle: Honesty				1	2 	3
Taekwondo T-Shirt Days (Wear your favorite Taekwondo shirt) 	5	6 6:15 Leadership/Legacy Adv. Training: Advanced Board Breaking 7:00 SWAT	7 <b>SPARRING DAY!</b>	8 	9	10 1:00 – 2:00: Leadership/Legacy – Mid-Range Jahng Bong
Next Testing: Youth/Adult: Dec 14 Tigers: Dec 15	12 	13 6:15 Leadership/Legacy Adv. Training: Creative Forms / Creative Weapons 7:00 Leadership/Legacy: Teaching Drills w/ Student Structure Quadrant	14 <b>Buddy Day!</b> Bring a friend to class with you today!	15 <b>SPARRING DAY!</b>	16	17 
	19	20 6:15 Leadership/Legacy Adv. Training: Double Combat Sparring 7:00 Leadership/Legacy: Teaching Drills w/ Emotion Quadrant	21	22	23	24
				<b>Happy Thanksgiving!</b> <b>NO CLASSES</b>		
25	26 <b>SPARRING DAY!</b> 	27 6:15 Leadership/Legacy Adv. Training: Creative Forms / Creative Weapons 7:00 Leadership/Legacy: Teaching Drills w/ Knowledge Quadrant	28	29 	30	

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